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ANPH 202 Anatomy and Pathology 1 Reflection #1 – forms part of quiz #1 (5%)

Reflection: The Organization of the Body – Quadrants of the Abdomen

Reflections are designed to encourage you to think critically about your experiences, apply theoretical knowledge to practical situations, and develop your professional identity as a medical imaging technologist.

Topic: The Abdominal Quadrants

Consider the following points:

1. What are the four quadrants of the abdomen, and how are they divided?

   The four quadrants are the right upper quadrant RUQ, right lower quadrant RLQ, left upper quadrant LUQ and the left lower quadrant LLQ. They are divided up based on which side they are on. The right upper quadrant has liver, gallbladder, and transverse colon. The left upper quadrant has the stomach, spleen, pancreas, and transverse colon. The right lower quadrant has the appendix, ovaries, right fallopian tube and the ascending colon, the colon starts on the right lower quadrant clockwise to the exit in the left lower quadrant. The left lower quadrant has the sigmoid colon, ovaries, left fallopian tube and the descending colon.

2. Why is it important for medical professionals to understand the four abdominal quadrants?

   It is important for medical professionals to understand and know the four quadrants so we can have a better understanding with the patients needs when they come into the hospital, clinics etc. its importatnt to know the four quadrants for medical professionals so they have a quick accurate pinpoint to the patients pain, discomfort, tension or abnormalities.

Word count: 250-350 words

Reflective Writing Rubric

Criteria	1 Point	2 Points	3 Points
Critical Reflection	Basic understanding of topic	Some reflection, with basic analysis	Deep reflection with thoughtful analysis
Application to Practice	Limited connection to medical imaging practice	Clear connections to medical imaging practice	Insightful application to medical imaging practice

Writing Quality	Basic writing with some clarity issues	Clear writing with minor errors	Well-written, clear, and concise