Sample

Airborne and Contact Precautions

In addition to **Routine Practices**

Accommodation



- Negative pressure single room, anteroom (if possible) and bathroom.
- Facilities without negative pressure rooms should consult IPC for management of suspected or confirmed cases that require Airborne Precautions.
- Airborne and Contact Precautions sign visible on entry to room.
- Room door must remain shut at all times (except when entering and leaving room).

Hand Hygiene





- Perform hand hygiene using alcohol-based hand rub (ABHR) or soap and water as described in **Routine Practices**.
- Use plain soap and water when:
  - hands are visibly soiled;
  - caring for patients[1] with diarrhea and/or vomiting.
- Perform Hand Hygiene:
  - before accessing and putting on a gown, gloves, and mask;
  - after taking off gloves and after taking off gown;
  - after leaving room and after removing N95 respirator.
- Educate patients and visitors about how and when to use hand hygiene products.

Personal Protective Equipment: N95 Respirators



- All staff and physicians require fit testing for an N95 respirator.
- All family or visitors must wear and seal-check an N95 respirator.
- Proper wearing of an N95 respirator includes:
  - putting on the respirator before entering the patient's room;
  - molding the metal bar over the nose;
  - ensuring an airtight seal on the face, over top of the nose and under the chin;
  - leaving the room and changing the respirator when it becomes moist;
  - removing the respirator after leaving the patient's room by touching elastic only;
  - not wearing respirator around the neck.

Refer to the Donning and Doffing PPE posters for details on careful removal and disposal of N95respirators.

Personal Protective Equipment: Gowns





- Wear a new gown to enter patient room or bed space.
- Fasten the tie strings at the neck and the waist.
- Make sure the sleeves cover your wrists.
- Put on gown before putting on gloves; gloves should cover the gown cuffs.
- Do not wear a gown outside a patient room or bed space unless transporting contaminated items.
- Remove soiled gowns as soon as possible.
- Take off gloves and perform hand hygiene before taking off gown.
- Place used, disposable gowns in regular waste container and perform hand hygiene.
- Place washable gowns in linen bag dedicated to room and perform hand hygiene.

Refer to the Donning and Doffing PPE posters for details on careful removal and disposal of gowns.

[1] Patients are all persons who receive or have requested health care or services. The terms "client" or "resident" may also be used, depending on the health care setting.



Personal Protective Equipment: Gloves

- Wear non-sterile gloves to enter patient room or bed space.
- Put on gown first and then gloves <u>after</u>, gloves should cover gown cuffs.
- Gloves are single use. Use only once, then dispose of them immediately after use.
- Change gloves between care activities for the same patient (e.g., when moving from a contaminatedbody site to a clean body site).
- Sterile gloves are for sterile procedures.
- Never wear gloves outside a patient room or bed space unless transporting contaminated items.
- Remove damaged gloves and perform hand hygiene.
- Never wash gloves or use ABHR while wearing gloves.
- Take off gloves and perform hand hygiene <u>before</u> taking off gown.
- Discard used gloves in a waste container.

Refer to the Donning and Doffing PPE posters for details on careful removal and disposal of gloves.





Handling Patient Care Items and Equipment

- Use disposable patient equipment when possible.
- Dedicate re-useable equipment for a single patient use only, until discharge (e.g. thermometers, blood pressure equipment).
- If reusable equipment cannot be dedicated for a single patient use, clean and disinfect it between patients.
- Airborne and Contact Precaution rooms should contain a dedicated linen bag; double bag only if leaking.
- Do not share toys, electronic games, and books that cannot be cleaned and disinfected.
- After patients are discharged, discard single-use supplies that remain and launder unused linens.
- Clean shared tubs and showers immediately after use as per facility procedures.
- Used meal trays and beverage dishes do not require special handling. Place on the dietary cart or in an area designated for used dishes. Disposable dishes and utensils are not required.





Patient Ambulation Outside Room, Bed Space or Transfer

- Patients should leave the negative pressure room for essential purposes only, exceptions require IPC consultation.
- Before patients leave their room, educate or assist them to:
  - perform hand hygiene;
  - put on a procedure/surgical mask;
  - put on clean clothing or hospital gown/housecoat;
  - ensure dressings and incontinence products contain drainage.
- Staff assisting with transport require a clean gown and gloves before departure, but do not require an N95 respirator after leaving room unless patient is unable to wear a procedure/surgical mask.
- Medical charts transported with the patient must be kept clean.
- Notify the receiving area before departure of the need for Airborne and Contact Precautions.
- At the destination, transporting staff remove gloves, perform hand hygiene then remove the N95 respirator (if worn), the gown and repeat hand hygiene.

[1] Patients are all persons who receive or have requested health care or services. The terms “client” or “resident” may also be used, depending on the health care setting.



Environmental Cleaning

- Room surfaces and equipment cleaning/disinfection is required on a daily basis or more frequently if directed by IPC using approved products and procedures.
- After patient discharge:
  - keep door closed for the minimum time to allow airborne particles to settle;
  - consult Infection Prevention and Control as settle time will vary based on facility air exchanges;
  - the room may be entered for discharge cleaning after settle time has lapsed.
- If staff must enter the room before minimum settle time, wear an N95 respirator and door must remain closed.
- Replace privacy curtains.





Visitors

- Encourage visitors to perform hand hygiene.
- Instruct family or visitors to:
  - wear a seal checked N95 respirator;
  - put on and take off gown and gloves, IF they are assisting with care (e.g. feeding, turning).
- Keep the number of visitors to a minimum.
- Door must remain closed except when entering or leaving the room.

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