MRAD 209 Professional Practice 1
Reflection #1 – forms part of quiz #1 (5%)
Reflection: Reflecting on the CAMRT Code of Ethics and Professional Conduct

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1. An important focus of the CAMRT Code of Ethics and Professional Conduct is on “patient-centered care." What do you think this means? Can you think of an example of how you might do this in your future work?

To me, patient-centered care means treating each patient as an individual rather than just focusing on completing the examination. As a future medical radiation technologist, I need to consider the patient’s physical condition, emotional needs, comfort, safety, and dignity. Patients may feel anxious, be in pain, have limited mobility, or not fully understand the procedure. Good communication and patience can make their experience much more positive.

For example, if I have an elderly patient who is in pain and has difficulty moving, I would explain the procedure clearly before positioning them and ask about their pain level and mobility. Instead of rushing to complete the images, I would adjust my positioning techniques when possible, provide assistance, and make sure the patient feels safe and comfortable. At the same time, I would still aim to obtain diagnostic-quality images while following ALARA principles. I believe this balance between image quality, radiation safety, and patient comfort is an important part of patient-centered care.

2. Another important point in the Code of Ethics and Professional Conduct is to "protect confidentiality of patient information." Why do you think this is important in medical imaging? How might you ensure confidentiality in a busy medical imaging department?

Protecting patient confidentiality is especially important in medical imaging because we have access to personal information, medical history, images, and examination results. Patients trust healthcare professionals to keep this information private. Maintaining confidentiality shows respect for patients and helps build trust between patients and the healthcare team.

In a busy medical imaging department, I would be careful when discussing patient information, especially in hallways, waiting rooms, elevators, or other public areas. I would only discuss patient information with healthcare professionals who are directly involved in the patient's care. I would also make sure computer screens are not visible to unauthorized people, log out of the system when leaving a workstation, and never share passwords or patient information with others unnecessarily. Even when the department is busy, confidentiality should never be overlooked. Following these practices will help me become a responsible, respectful, and professional medical radiation technologist.

Thank you

