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Professional Practice Reflection #1.

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Patient-centered care is an important part of the CAMRT Code of Ethics and Professional Conduct. I believe, patient-centered care means treating each patient as an individual and making sure they feel respected, comfortable, safe, and heard throughout their healthcare experience. In medical imaging, patients may get nervous, uncomfortable, or confused about what is going to happen during their examination. As a future medical imaging technologist, I can provide patient-centered care by explaining the procedure clearly, listening to their concerns, creating a relationship, and involving them in the process when possible. For example, if a patient is nervous about having an X-ray, I could explain what I am going to do before beginning, answer any questions they have, and make sure they understand what is expected of them. I would also make an effort to communicate respectfully and not rush the patient, even when the department is busy.

Protecting patient confidentiality is also extremely important in medical imaging because technologists have access to private and sensitive health information. Patients need to trust that their personal information, medical history, and imaging results will only be accessed or discussed by people who are authorized to have that information.

In a busy medical imaging department, I would protect confidentiality by being aware of who can hear conversations and by avoiding discussing patients in public areas such as hallways or waiting rooms. I would also make sure computer screens and patient records are not left visible to unauthorized people and only access information that is necessary for my role. When speaking with patients, I would confirm their identity discreetly and avoid discussing their medical information where other patients can hear. Overall, I believe patient-centered care and confidentiality are both essential to providing safe, respectful, and professional care.