THE OPTIMAL TREATMENTS
Rosa-C³ Professional Treatment - Protocol

Indications

For all, men and women, with sensitive skin, prone to irritation.

Frequency of Use

- As a cure, 2 to 4 times a year, depending on the degree of sensitivity.

1 cure = 4 optimal treatments at the rate of 1 treatment per week during 4 consecutive weeks

Complementary Home Care Products

The twice-a-day use at home of SOS Serum followed by the 24H Emulsion Control is essential for obtaining results. In the morning, also apply UV-Science SPF 30 Fluid Lotion OR Rich Emulsion.

DURATION OF TREATMENT: 1 HOUR

Preparation of the Material

- Remove from the Rosa-C3 box all the necessary material for a professional treatment from the Rosa C3 box.
- Using a measured recipient, fill it with 120 ml / 4.0 FL. OZ. of tap water and let stand at room temperature.

Cleansing / Make-Up Removal – Required Time: 5'

Remove eye make-up with the Eye Make-Up Removal. Thoroughly cleanse the face and the neck with the HydraCalm Cleansing Milk and Lotion.

	Steps	Time	Major Ingredients	Actions
1	**Exfomousse – Exfoliation Phase** Cover the eyes with cotton pads soaked in Blue Water. With the fingertips, apply evenly to the face and neck the entire content of one ExfoMousse monodose as with a mask, making sure to avoid the lips. **Application: 2-3 minutes | Pause: 8-10 minutes** The application time with the pause should not exceed 10 minutes. Uncover the eyes. Rinse abundantly with lukewarm water, then with cold water. NOTE: It is normal to feel a light tingling sensation during the application of this product.	10	Exfoliating enzyme	• Gently eliminates dead cells and impurities • Deep-cleanses the epidermis • Promotes the absorption of the key ingredients of the formula
2	**Gel Mask – Soothing Phase** Gently proceed to light effleurages and apply the Gel Mask in a thin layer to the face and neck. Pause for 5 minutes. Do not rinse. **Application: 1 minute | Pause : 5 minutes**	6	Symsitive 1609®, ß-glucan, Hyaluronic Acid	• Instant and powerful action • Helps soothe immediately • Actively fights the effects of cutaneous stress
3	**SOS Serum – Restoring Phase** Apply the SOS Serum in a thin layer, by performing light effleurage on the entire face and neck. Do not massage.	2	Cell Control Complex (Rosmarinyl Glucoside, Caffeyl Glucoside, Gallyl Glucoside, Palmitoyl Tripeptide-8, Acetyl Tetrapeptide-33, Oleoeuropeine – Antioxidant Olive Leaf Extract), Narcissus Dormant Bulb Extract, Fucogel®	• Immediate soothing action • Helps decrease redness significantly in intensity and size, thanks to its hydrating formula • Restores comfort and well-being • Helps reduce sensations of skin discomfort • Helps increase resistance of skin
4	**Repair Phase – Microemulsion** Using the pipette, draw out 2 ml / 0.06 fl. oz. of the MicroEmulsion. Apply to the entire face and neck with light effleurage. Cover the eyes with cotton pads soaked in Blue Water.	10	Caper Floral Bud Extract	• Soothes • Helps decrease cutaneous hypersensitivity via moisturisation

5	**Relaxing Phase – Powder Mask** Empty the entire contents of a pouch of the Powder Mask into a bowl high enough to avoid spilling when stirred. Add the 120 ml / 4.0 FL. OZ. of water all at once and stir energetically with a spatula to obtain a homogeneous and creamy mixture. • Both the powder and the water must be at room temperature before using. • The preparation time of the mask must not exceed 2 to 3 minutes. Using a spatula, apply the mask immediately, starting at the bottom of the face and moving up toward the cheeks and the nose, ending at the forehead. To facilitate removal of the mask, apply it evenly with a regular contour and avoid the hairline. Let stand for approximately 20 minutes. Remove the mask as if it were a film, starting at the neck and moving up slowly toward the forehead. Remove the excess product with a damp gauze.	20	Alginates, Bilberry Extract, Vitamin C	• Optimizes the absorption of the formula's key ingredients • Helps reinforce the skin • Reduces the appearance of wrinkles • Hydrates and smooths the epidermis
6	**Active Protection Phase – 24h Emulsion Control Cream** End the treatment by applying a small quantity of 24H Emulsion Control Cream to the face and neck. Massage in with light effleurage. The aesthetician may also add UV-Science SPF 30 – Rich Emulsion depending on climatic conditions.	2	Cell Control Complex (Rosmarinyl Glucoside, Caffeyl Glucoside, Gallyl Glucoside, Palmitoyl Tripeptide-8, Oleoeuropeine – Antioxidant Olive Leaf Extract), Narcissus Dormant Bulb Extract, Peumus boldus Extract, Squalane, Titanium Dioxide (TiO2)	• Reduces redness and its progression • Provides comfort and well-being • Decreases the appearance of capillaries • Reinforces and protects the microcirculation • Increases the skin's natural defences • Helps reinforce and protect skin • Enhances skin's texture