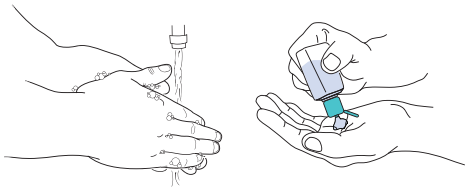
Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health

Ministry of Health

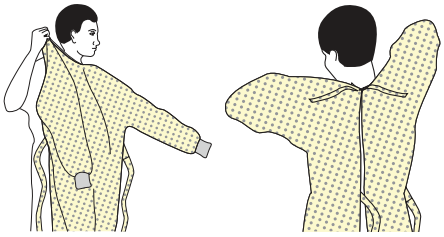
The 5 steps to Don (put on) Personal protective equipment (PPE)

1 Hand hygiene



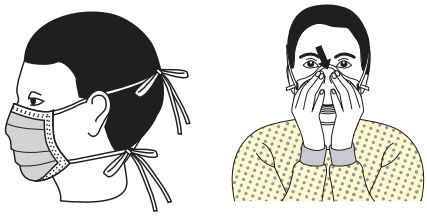
Clean all surfaces of hands and wrists

2 Gown



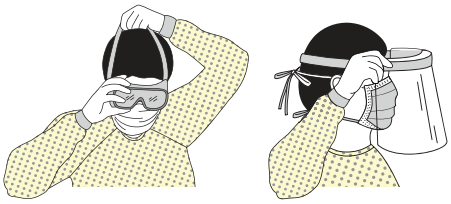
Cover torso and wrap around back, fasten in back of neck and waist

3 Surgical/procedure mask



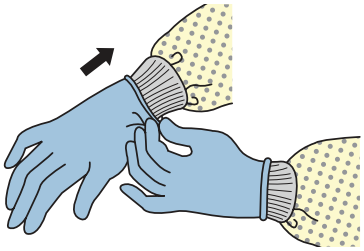
Secure ties at middle of head and neck, fit nose band to your nose and pull bottom down to completely cover chin

4 Eye protection



Place goggles or face shield over face and eyes and adjust to fit

5 Gloves



Extend to cover wrist of gown