# CHEMICAL PEEL
Instructions to patient

Pro-Derm

## PRE-TREATMENT INSTRUCTIONS

**IN THE 14 DAYS PRIOR TO YOUR APPOINTMENT, AVOID RECEIVING:**
- a chemical peel
- injectable medical-aesthetic treatments
- microdermabrasion treatments

**IN THE 10 DAYS PRIOR TO YOUR APPOINTMENT, AVOID:**
- exposure to the sun or visiting a tanning salon, which could result in burns

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## POST-TREATMENT INSTRUCTIONS

- These superficial peels require little or no recovery time.
- Makeup can be applied the day after the peel.
- Use post-peel products recommended by your doctor.
- If your skin is exposed to the sun, regularly apply sunscreen with a minimum SPF of 30.

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## RECOMMENDED CARE

1. **DAILY CARE ›** To thoroughly cleanse your skin and protect it from damage caused by the sun, use the following products daily:

◯ **Gentle Cleanser** ◯ **Daytime Fluid SPF 30** ◯ **Loose Powder** *Light* **SPF 50** ◯ **Loose Powder** *Dark* **SPF 50** ◯ **Day Cream SPF 20**

2. **PREPARING THE SKIN ›** For optimal results, it is recommended that you prepare your skin over a one- to two-week period. Before bedtime, apply the recommended product(s). In the morning, apply sunscreen, as recommended in the previous "DAILY CARE" section.

◯ **Night Cream 5% AHA** ◯ **Night Cream 10% AHA** ◯ **Lotion AHA-BHA 5-2** ◯ **Lotion AHA-BHA 8-2** ◯ **Ultra-C ßw Cream**

*In cases of hyperpigmentation, use Ultra-C ßw cream alternately with your AHA product.*

3. **DAY OF TREATMENT TO DAY 4 ›** Following the procedure, you may experience mild redness, a feeling of tightness, peeling, flaking or temporary dryness. To help your skin recovery, apply the following products in the morning and evening:

◯ **Hydrogel*** ◯ **PostTx-1** ◯ **TerreusMasque** ◯ **Regenerating Cream**

** Hydrogel can be used as needed.*

4. **AS OF DAY 5 ›** Between procedures, in the evening, you can reintroduce the products from Step 2 "PREPARING THE SKIN". This will allow you to smooth and quickly improve your skin's texture, and optimize the benefits of the peels.

5. **MAINTAINING RESULTS ›** Following a series of treatments, once the skin has healed, use the recommended products, as specified by your doctor:

◯ **Gentle Cleanser**
◯ **Microdermabrasion Exfoliating Cream**
◯ **Day Cream SPF 20**
◯ **Daytime Fluid SPF 30**
◯ **Loose Powder** *Light* **SPF 50**
◯ **Loose Powder** *Dark* **SPF 50**

◯ **Eye Contour Cream**
◯ **Liftense**
◯ **Liftense LTL**
◯ **Liftense Contour**
◯ **Regenerating Cream**
◯ **Hydrogel**

◯ **StemYouth** *Light* **Day Cream**
◯ **StemYouth** *Rich* **Day Cream**
◯ **StemYouth Night Cream**
◯ **StemYouth Serum**
◯ **StemYouth Tissue Mask**
◯ **Retinal Serum**

◯ **Night Cream 5% AHA**
◯ **Night Cream 10% AHA**
◯ **Lotion 5-2**
◯ **Lotion 8-2**
◯ **Micro-Peel Mask**
◯ **Serum C-10%**

◯ **Ultra-C Cream**
◯ **Ultra-C ßw Cream**
◯ **Ultra-C Eye Contour Cream**
◯ **PostTx-1**
◯ **PostTx-2**
◯ **TerreusMasque**