THE OPTIMAL TREATMENTS
Clear Up Acne Management – Protocol

A global professional treatment specially developed for the treatment of acne skin and oily skin. This **Acne Management Professional Treatment** stands out for its exclusive active ingredients combining the efficiency of a topical medication with exceptional cosmetic qualities.

Indications

- Recommended for the care of acne skin, oily, comedonal and asphyxiated skin.
- For all, men and women.

Complementary Home Care Products

For intense, long-term benefits, the treatment must be completed by the use of the complementary home care Clear Up products: **Clear Up Cleansing Gel, Clear Up Anti-Shine Moisturizer** and **Clear Up Control Solution Anti-Blemishes.**

DURATION OF THE TREATMENT: 1 hour

Cleansing / Make-Up Removal – Required Time: 5'

Thoroughly and gently cleanse the face and neck with **SeboBalance Cleansing Fluid Milk** followed by **SeboBalance Clarifying Lotion.** Dry the skin gently with a facial tissue.

Frequency of Use

- As a cure of 5 to 8 treatments at the rate of 1 treatment per week.
- The aesthetician may space out treatments to every two weeks if she deems it necessary or only do a few treatments in minor cases.
- In all cases, compliance with the treatment is essential for obtaining maximum results.

Preparation of Material

- Remove from the **Clear Up** box all the necessary material for a professional treatment from the Clear Up box.
- Using the measured Shaker, fill it with 60 ml / 2 FL. OZ. of tap water and let stand at room temperature.

	Steps	Time	Major Ingredients	Actions
1	**Prep Lotion** Cover the eyes with cotton pads soaked in **Blue Water.** With the fingertips, apply Clear Up Prep Lotion evenly to the face and neck as with a mask, making sure to avoid the lips. **Application: 2 minutes – Pause: 8 minutes** Uncover the eyes. Rinse abundantly with lukewarm water, then with cold water.	10	Salicylic Acid 2% – AHAs 10% (Glycolic and Lactic Acids), Cocktail of Purifying Vegetal Extracts (Burdock, Sage, Lemon, Ivy, Soapwort)	• Eliminates dead cells and impurities • Reveals skin's glow • Prepares skin for subsequent steps, improves absorption
2	**Neutralizing Gel** Cover the eyes with cotton pads soaked in **Blue Water.** With the fingertips, apply evenly to the face and neck as with a mask. **Application: 2 minutes – Pause: 5 minutes** Remove excess with a dry facial tissue. Make sure to leave a thin film of product to facilitate extraction.	7	Anasensyl®, Soothing Vegetal Complex (Calendula, Chamomile and Matricaria, Linden, Cornflower, St-John's-Wort), Allantoin, Aloe vera, Synergy of 100% Pure Essential Oils*(Lavender, Lavandin, Black Spruce, Thyme and Eucalyptus) * Organic	• Normalizes cutaneous pH** • Facilitates mechanical extraction of comedones • Hydrates and softens **Surface of the epidermis
3	**Extraction** Make sure to gradually eliminate the remaining film of N**eutralizing Gel** from areas to be treated (chin, forehead, cheeks) then proceed to the digital extraction of comedones. **Duration: 15-20 minutes** Soak a cotton pad with the **SeboBalance Clarifying Lotion** and apply gently over all areas where extraction was done.	20	P-Refinyl, Bioecocomplex, Ethyl Lactate	• Facilitates removal of sebum • Tightens dilated pores • Improves skin texture
4	**Control Solution Anti-Blemishes – NPN 80023889** Apply to the entire face and neck using light effleurage. Do not massage.	2	Salicylic Acid 2%, Keratoregulating AHA-Arginine Complex, Oleanolic and Nordihydroguaiaretic Acids (NDGA), Allantoin, Natural Aroma of Orange, Rosemary and Sage	• Reduces the number of acne pimples, blackheads and whiteheads and allows skin to heal