MRAD 202 – Patient Care 2

Technical Requirements for Performing Donning and Doffing

Donning:

Step #1- Must properly **perform** hand hygiene using the hand hygiene guidelines. Example-allow hand sanitizer to dry completely before continuing.

Step #2-The student **must** ask their fellow students *"Is all my hair covered by the cap/bonnet?"*

Step #3-Ensure that both the nose and mouth are covered completely by the mask and that the nose piece has been **fitted or shaped** accordingly to the nose itself.

Step #4

-Prior to putting the gown on, inspect the gown for any tears or holes especially in the arms or front part of the gown. In addition, make sure the gown has **both** a neck and waist tie.

-Deliberately put one arm in, then the other. The shoulders of the gown **must** cover the shoulders.

-Both the neck and the waist ties must be done in **a bow.**

-Student **must** ask their fellow students *"Does the back of the gown cover my back?"*

Step #5

-Glove size selection must be appropriate to ensure that the gloves **fit properly** over the 2/3 of the cuffs of the gown and that there is no risk of **any skin** being exposed at any time.

Doffing:

Step #1- Untie the **neck** of the gown 1st then untie the **waist** of the gown 2nd. Ensure there is adequate space around you when removing the gown so there's no risk of the gown coming in contact with other items or surfaces.

Step #2- Gentle and purposely remove the sleeves of the gown, to allow the gloves to **fold inside** the arm sleeves. When folding contaminated surface of gown, proceed with a controlled **pace** thus not allowing sections of the contaminated gown to be exposed to uncontaminated surfaces.

Step #3- The entire gown **must** be completely place directly inside a laundry basket (linen gown) or a garage can (paper gown)

Step #4- When removing mask, **only** the ties/strings or rubber bands can be touched. Not any other part of the face mask itself.

Step #5-When removing the cap/bonnet, make sure the fingers of both hands are **slid under** the elastic part of the cap and the cap is removed equally off of the head. Do not touch **the outside part** of the cap (contaminated because post procedure) with fingers/hands at any time.

*Step #6-*Must properly **perform** hand hygiene using the hand hygiene guidelines