HOW TO CLEAN YOUR HANDS

Help us prevent the spread of infections



Use hand sanitizer

- Remove jewelry
- Apply enough product to keep hands moist for 15 seconds
- Cover all surfaces of the hands, fingers and thumbs
- Rub all surfaces of hands and wrists until completely dry
- Do not use paper towels to dry hands



Wash hands with soap and water

- Remove jewelry
- Wet hands with water
- Add soap to palms and rub hands together
- Create lather, covering all surfaces
- Rinse hands well under water
- Dry with a single use towel
- Use towel to turn off the tap

Use soap and water if hands are visibly soiled