CHEMICAL PEEL
Protocol treatment

Pro-Derm

Prepare the necessary equipment to carry out the procedure including a timer.
Before starting the procedure, the operator must wear protective gloves.

STEP 1. CLEANSING WITH CLEANZYME ENZYME POWDER

- In a small glass cup, using the small measuring cup, pour 3-4 ml of water and add 2-3 ml of powder. Using a fan brush, dissolve the powder and lather the mixture.
- Always using the brush, apply a thick layer on the entire face and leave for 1 to 2 minutes.
- If the patient wears makeup, emulsify by lightly massaging for about 20 to 30 seconds.
- Rinse two to three times, using wet compresses (until the compresses are perfectly clean after passing on the skin). The skin must be perfectly cleansed.
- Dry the skin gently with tissue paper.

STEP 2. DEGREASING SOLUTION

- Using a 2''x2'' (5 cm x 5 cm) gauze pad, apply the degreasing solution to the entire face (avoid the upper eyelid), applying pressure slightly above your usual pressure.
- To check the quality of the degreasing, perform the following resistance test: Touch the skin with your finger and slide it towards you. When the finger pulls on the skin, we must feel a resistance that confirms that the degreasing is well performed. If there is no resistance, the application of the degreasing solution can be renewed a second time.

STEP 3. PEEL SOLUTION

- Apply Petrolatum to areas of potential peel pooling (commissure of the lips, alar-facial junction).
- Cover the eyes with cotton pad that have been moistened and folded in half beforehand (or better still, install protective eyewear / black eye shields used for laser treatments).
- In a small glass cup, pour 5 ml of the Peel solution. Fold a 2''x 2'' gauze pad in 2 or 4 and saturate the gauze pad with the Peel solution before starting the application. Apply the solution over the entire face (avoid the upper eyelid), starting with the forehead, left side of the face, followed by the right side and ending with the bottom of the face.
- Observe a break time of 3-5 minutes. ***IMPORTANT:*** *The face shouldn't dry, it should remain moist (it should not be sticky) for the duration of the break time. Check this parameter frequently for the duration of the pause time.*
- Apply a second layer in the same way as the first, respecting the same sequence of application (start with the forehead, then the left side of the face, followed by the right side and ending with the bottom of the face).
- Observe a break time of 3-5 minutes. ***IMPORTANT:*** *The face shouldn't dry, it should remain moist (it should not be sticky) for the duration of the break time. Check this parameter frequently for the duration of the pause time.*
- It is important to note that up to 4 layers of the Peel solution can be applied to optimize the effectiveness of the Peel solution depending on the type of skin. The total quantity of the Peel solution needed for 4 layers is 10 ml.
- Subsequent peels can be made after an interval of 7 days. We recommend 5 sessions.

  IMPORTANT TIPS The exposure time of each layer may vary depending on the reactivity of the skin, the sensitivity of the individual or the specific skin problem. Here's how to adjust the exposure time between each layer and the number of layers:

  1. Assess the sensations felt by your patient:
     Ask the patient "How does your skin feel on a scale of 1 to 10?". If the answer is 6 or more, DO NOT apply additional layer.
     If the patient evaluates the sensation between 1 and 5, apply another layer of Peel solution and allow it to penetrate.
     Wait about 3 to 5 minutes between each coat before applying the next one or going to the next step.
  2. Use your experience and instinct: You can also evaluate your patients by observing their body language. Are they comfortable? Do they show signs of discomfort? Your experience and your instinct are two important tools.

STEP 4. CARBOXY NEUTRALIZING SOLUTION

- Using the fingertips, apply 3 ml of the Carboxy Neutralizing Solution to the face (avoid the upper eyelid), following the same sequence of application (start with the forehead, then the left side of the face, followed by the right side and ending with the bottom of the face). The neutralization reaction creates foam on the surface of the face and the patient can experience a normal tingling sensation.
- Once the reaction is complete, rinse thoroughly with moist gauze pads. Do not forget the areas of potential peel pooling (commissure of the lips, alar-facial junction).
- Dry the skin gently with a tissue.

STEP 5. PROTECTION WITH A SPF

- Complete the treatment by applying **Hydrogel** and/or **PostTx-1**. Then, for daytime, follow with **Daytime Fluid Broad Spectrum Sun Protection SPF 30** to the entire face and neck.